Supplement 1: The Theoretical Domains Framework integrated into the COM-B model (adapted from Cane et al 2012, pg. 15) [1]

COM-B component		TDF domain
Capability	Psychological	Knowledge
		Cognitive and interpersonal skills
		Memory, attention and decision processes
		Behavioural regulation
	Physical	Physical skills
Opportunity	Social	Social influences
	Physical	Environmental context and resources
Motivation	Reflective	Social/professional role and identity
		Beliefs about capabilities
		Optimism
		Intentions
		Goals
		Beliefs about consequences
		Reinforcement
	Automatic	Emotion

COM-B; capability, opportunity, motivation-behaviour, TDF; theoretical domains framework

1. Cane J, O'Connor D, Michie S. Validation of the theoretical domains framework for use in behaviour change and implementation research. Implement Sci. 2012;7.